



#CrossSAFE Key Messages

For parents and caregivers:

- Children learn by example. **Be a pedestrian, road and rail safety role model to your child.**
- How often do railway incidents occur? TOO often! **Check out the resources** at parachutecanada.org/CrossSAFE and <https://www.operationlifesaver.ca>
- **Teach your family not to trespass on railway tracks, yards, tunnels and bridges.** Trespassing could lead to a fine of up to \$50,000, and it's the leading cause of railway related fatalities and injuries!
- **Show your kids how to cross safely** - only at designated crossings, while obeying the signals and using the "Look, Listen, Live" motto to stay safe
- Roughly 50% of vehicle/train collisions happen at at crossings with active warning devices (gates, lights, bells) - **obey the signals and role model safety** for when your child becomes a driver too.
- **Remind your child to put away any distracting devices** - including cell phones, tablets and headphones - well before they approach a railway area. Trains can be quieter and faster than you think.

For kids and teens:

- **Stay off the tracks.** Tracks are private property - Be safe. Don't trespass!
- **Watch for railroad signs, signals and lights and obey them.** Today's trains are quieter and faster than you might think.
- **Only cross at marked, designated crossings.** A short cut is not worth risking your life.
- **Stop, Look and Listen** for trains. Whether walking, cycling or driving.
- **Don't be distracted by** cell phones, tablets, headphones or any other device - they can prevent you from hearing or seeing an oncoming train. Put them away *before* you approach a railway, and stay alive!
- **Never try to outrun a train!** Even under emergency braking, a train can take up to 2 km to stop.

Sources: See <http://www.parachutecanada.org/programs/item/2428>