



School administrators, educators, school staff, students, parents/guardians, and school volunteers all have important roles to play when it comes to concussion in schools. Read on to learn more about the role of the collaborative team school staff lead.

Your role to Create Awareness

- ▶ Attend in-services presented on Concussion protocol
- ▶ Be knowledgeable of your school board/school's concussion policy and protocols and their impact on a student's return to school and return to physical activities
- ▶ Be knowledgeable of your role in the Return to School (RTS) and Return to Physical Activity (RTPA) Plan

Your role to Identify and Respond

- ▶ Know the protocol for responding to the following concussion scenarios: Red Flag, signs and/or symptoms present, and no signs or symptoms present
- ▶ Respond immediately to a student's injury, following the school's protocol
- ▶ Communicate information about the injury to the principal/designate and the student's parents/guardians
- ▶ Complete any forms required by your school's policy

Your role to **Manage and Support**

- ▶ Meet with the parents/guardians and student to explain:
 - the stages of the RTS and RTPA Plan that occur at school
 - the Collaborative Team and the role of the student and parents/guardians
- ▶ Meet with student and appropriate staff to determine the RTS learning strategies and/or approaches required by the student based on the post-concussion symptoms; and to determine the best way to provide opportunities for the permissible activities
- ▶ Share the RTS learning strategies and/or approaches with appropriate staff and keep a copy in the student's file
- ▶ Communicate the outcome of the in-school meeting with parents/guardian
- ▶ Schedule follow-up meetings with members of the collaborative team as required to monitor and track students progress through the RTS and RTPA Plan

Additional Resources

Return-to-School Strategy

<http://horizon.parachutecanada.org/en/article/parachutes-return-to-learn-protocol>

Parachute Concussion Resources

<http://www.parachutecanada.org/concussion>

Ophea's Ontario Physical Education Safety Guidelines - Concussions

<http://safety.ophea.net/concussions>